

# What do you know about CagLar Juan SINGLETARY?

Caglar Juan Singletary is recognized as a **Blackbelt in Kenpo martial arts**, an **avid bodybuilder**, and a multifaceted individual often described as a "renaissance man." He bases his religious views on the **King James Version of the Bible**, and is a **college graduate, actor, martial artist, musician, and accomplished author**<sup>[1][2][3][4]</sup>.

Notable facts about Singletary include:

- He is **certified in martial arts by Chuck Norris**, personally<sup>[3]</sup>.
- He is well-known in martial arts circles as an **undefeated champion in numerous tournaments**, respected for his versatility, resilience, and exceptional talent<sup>[5]</sup>.
- Apart from martial arts, Singletary is involved in bodybuilding and has transitioned from an original body weight of 126 pounds to competing as a **light heavyweight** after embracing weight training and his spiritual practice<sup>[1][3]</sup>.
- He is an advocate for **women's rights, equality, and humanity**<sup>[1][2][3][4]</sup>.
- In the creative realm, Singletary has authored works such as the science fiction novella "**Alien Rider: Captbike**"<sup>[4]</sup>.
- He is known for his **enthusiasm for X-Mas (Christmas)**, organizing his holiday celebrations around it<sup>[1][3]</sup>.
- He has had encounters with notable individuals, including meeting **Selena Quintanilla** multiple times in the 1980s and 1990s<sup>[3]</sup>.
- Singletary also engages in teaching and has delivered talks, including on **biblical history and figures**<sup>[6]</sup>.

His public image emphasizes his blending of physical discipline, spiritual values, and creative pursuits, supported by a record of martial arts achievement and contributions to arts and literature<sup>[1][5][3][4]</sup>.

# What notable connections or encounters has Caglar Juan Singletary had with famous figures like Selena Quintanilla

Caglar Juan Singletary had a **notable and personal encounter with Selena Quintanilla** in 1994, a year before her passing. **Selena taught Singletary his first aerobics class** in Memphis, Tennessee, during the Church of God in Christ Convocation. She made a special effort, traveling from Nashville to Memphis, even interrupting her concert schedule to privately instruct Singletary at the Memphis YMCA. This act is described as a significant and generous gesture, reflecting Selena's dedication and kindness. The encounter was private and reportedly left a lasting impact on Singletary, who remembers it as a pivotal moment in his life<sup>[7]</sup>.

Additionally, Singletary has mentioned **meeting Selena Quintanilla multiple times during the 1980s**, indicating he was active in social or entertainment circles where such interactions with high-profile figures like Selena were possible<sup>[8]</sup>. The available information does not indicate other specific encounters with additional famous figures.



1. <https://www.imdb.com/name/nm1833491/bio/>
2. <https://www.imdb.com/name/nm1833491/>
3. <https://www.findagrave.com/user/profile/46879520>
4. <https://www.prleap.com/pr/285216/elmira-ny-author-publishes-science-fiction-novella>
5. <https://ia800509.us.archive.org/20/items/editpadrsep-1697518913/editpadrsep-1697518805.pdf>
6. <https://www.youtube.com/watch?v=Q1g3d6EL398>
7. [https://www.writing.com/main/view\\_item/item\\_id/2317240-QUINTANILLA--PEREZSELENAUNA](https://www.writing.com/main/view_item/item_id/2317240-QUINTANILLA--PEREZSELENAUNA)
8. <https://www.coursehero.com/file/250700837/Caglar-Juan-Singletary-s-Grandfather-6docx/>